

8's Mixed

Based on the AFL Junior Match Policy / AFL Canberra By-Laws

Phase	Introductory
REGULATIONS	
Ground Size	60m x 50m - Square
Zones	As a guide, players can run anywhere, umpire blow whistle and instruct players to go back to zones. Players must start in their zones, coaches to encourage spacing.
# players on ground	6 – 9 a side
Ball type	Synthetic only
Ball size	1
Thirds	12
Break length	4
Scoring	X
LAWS	
Tackling	No tackling
Bumping	X
Stealing the ball	X
Barging	X
Smothering	X
Fending off	X
Shepherding	X
Bouncing the ball	1 max
Kicking off the ground	X
Ball Ups	Nominated players
Throw-ins	X
Marking	Any distance, reasonable attempt
Distance penalty	25m
Deliberate out of bounds	X
Deliberate rush behind	X
UMPIRES & COACHES	
# field umpires	CLUB (home team)
Boundary Umpires	X
Coaches	On-field

Coaches and umpires should always clarify with the opposition prior to the game starting, to ensure all parties have the same interpretation of the regulations and laws.