

## 2019 Rules and Regulations for AFL Canberra

# 11's Mixed and 12's Mixed

Based on the AFL Junior Match Policy / AFL Canberra By-Laws

Phase	Competition
<b>REGULATIONS</b>	
Ground Size	Full Size
Zones	X
# players on ground	14 – 18 a side
Ball type	Synthetic or Leather
Ball size	3
Quarter Lengths	15
Break length (¼ - ½ - ¾ )	3-8-3
Scoring	✓
<b>LAWS</b>	
Tackling	✓
Bumping	✓
Stealing the ball	✓
Barging	✓
Smothering	✓
Fending off	✓
Shepherding	✓
Bouncing the ball	Unlimited
Kicking off the ground	✓
Ball Ups	✓
Throw-ins	✓
Marking	10m, direct catch
Distance penalty	25m
Deliberate out of bounds	X
Deliberate rush behind	X
<b>UMPIRES &amp; COACHES</b>	
# field umpires	League Appointed (Min 1) Or CLUB (1 per side)
Boundary Umpires	✓
Coaches	Sideline

Coaches and umpires should always clarify with the opposition prior to the game starting, to ensure all parties have the same interpretation of the regulations and laws.